

# LDS COUNSELORS/THERAPISTS

(Boise, Idaho Area)

## PRIVATE PRACTICE / GROUP PRACTICE THERAPISTS



### Ray Booth, PhD

*Booth Psychological Solutions (BPS)*

Adr: 4060 E. Chinden Blvd., Eagle, ID 83616

Ph: 208-377-1131

Email: [raybooth@hotmail.com](mailto:raybooth@hotmail.com)

Website: [raybooth.com](http://raybooth.com)

### Specialties:

- Treatment of adults and older adolescents
- Mood/depression, stress and anxiety disorders
- Psychosomatic and pain management issues
- Trauma/PTSD – including EMDR
- Workers Comp/workplace injury
- On most insurance panel
- adjustment to challenging life events



### Laura M. Brotherson, LMFT, CST, CFLE

*The Marital Intimacy Institute*

Adr: 1875 North 1120 West, Provo, UT 84604

Ph: 801-709-0253 (voice and text msgs)

Email: [info@maritalintimacyinst.com](mailto:info@maritalintimacyinst.com)

Website: [strengtheningmarriage.com](http://strengtheningmarriage.com)

Website: [maritalintimacyinst.com](http://maritalintimacyinst.com)

### **MOVED TO UTAH**

-- Secure Online Video Conferencing Sessions Available

### Specialties:

- Couples, Individuals and Families
- Marriage Prep, Counseling and Enrichment
- Relationship Skill Building/ Couple Comm.
- Conflict Resolution (money, sex, parenting, housework, time, etc.)
- Sex Therapy (desire, arousal, climax, etc.)
- Healthy Sexuality/Sex and Intimacy Issues
- Anxiety and Depression
- Healthy Boundaries/Reducing Codependency and Counter-dependency
- Sexual Addiction and Compulsivity Recovery/ Partner's Betrayal Trauma/Infidelity
- Family/Parent-Teen Relationships



### Tyler D. Cazier, MS, LPC, NCC

*Cazier Counseling*

Adr: 931 S. Allante Pl, Boise, ID 83709

Ph: 208-461-8024

Email: [tyler.cazier@gmail.com](mailto:tyler.cazier@gmail.com)

### Specialties:

- Marriage and Family Counseling
- Emotionally Focused Couples Therapy
- Pornography/Addictions
- Re-establishing Connection
- Sexual Intimacy/Sexual Abuse
- Healing after an Affair
- Communication Challenges
- Parent/Child Relationships



### Edene Christensen, LCPC NCC

*Canyon Counseling Center*

Adr: 718 S. 7th Ave. Caldwell, ID 83605

Ph: 208-454-1576

Email: [canyoncounseling@yahoo.com](mailto:canyoncounseling@yahoo.com)

Website: [canyoncounselingcenter.com](http://canyoncounselingcenter.com)

### Specialties:

- Marriage, Families, Individuals



### Gregory M. Deitchler, MA, LMFT, LPC, CSC

Adr: 3061 S. Meridian Rd, Ste 100

Meridian, ID 83642







Ph: 208-350-0330

Email: [gregory@promisinghorizons.com](mailto:gregory@promisinghorizons.com)

Website: [promisinghorizons.com](http://promisinghorizons.com)

### Specialties:

- Marriage and Family Counseling
- Adolescent and Adult Mental Health Counseling
- Adoption/Attachment and Bonding/Reactive Attachment Disorder (RAD)
- Chronic Illness/Grief and Loss






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|     | <p><b>Gregory J. Dunkley, LMFT</b><br/> <i>Journey Mental Health</i><br/>           Adr: 3288 E. Pine Ave, Meridian, ID 83642<br/>           Ph: 208-888-8886<br/>           Email: <a href="mailto:greg@journeymentalhealth.com">greg@journeymentalhealth.com</a><br/>           Website: <a href="http://journeymentalhealth.com">journeymentalhealth.com</a></p>   | <p><b>Specialties:</b></p> <ul style="list-style-type: none"> <li>• Adults and Adolescents -- Depression, Anxiety, Bipolar Disorder</li> <li>• Past abuse, Sexual addictions</li> <li>• Helping couples communicate better and repair their relationships</li> </ul>  |
|    | <p><b>Shirlene Elledge, LCSW, CPM, CNHP</b><br/> <i>Adlerian Relationship Center</i><br/>           Adr: 5999 W. State St., Boise, ID 83703<br/>           Ph: 208-571-9884<br/>           Email: <a href="mailto:Shirlene.Elledge@gmail.com">Shirlene.Elledge@gmail.com</a><br/>           Website: <a href="http://adlerianrelationshipcenter.com">adlerianrelationshipcenter.com</a></p>   | <p><b>Specialties:</b></p> <ul style="list-style-type: none"> <li>• Counseling for Step-Family Dynamics</li> <li>• Couples Counseling: Gottman LVL3 Therapist</li> <li>• Couples Marathon Sessions</li> <li>• Gottman Couples Workshop Leader</li> <li>• Trauma/EMDR</li> <li>• Mediation - couples/collaborative divorce, families, co-parenting, child custody, custody modifications, civil, business and workplace disputes</li> <li>• Life/Marriage Coach</li> </ul> |
|    | <p><b>Debra Greeff, LCSW, SATP</b><br/> <i>Cherry Lane Counseling Center</i><br/>           Adr: 403 W. Cherry Lane, Meridian, ID 83642<br/>           Ph: 208-887-1911 x107<br/>           Email: <a href="mailto:debra@onyourpath.org">debra@onyourpath.org</a><br/>           Website: <a href="http://onyourpath.org">onyourpath.org</a><br/>           Website: <a href="http://cherrylanecounseling.com">cherrylanecounseling.com</a></p> | <p><b>Specialties:</b></p> <ul style="list-style-type: none"> <li>• Sexual Addiction -- LifeSTAR of Boise (sexual addiction recovery program) Program Coordinator</li> <li>• Toxic Anger and Stress Management</li> <li>• Trauma, PTSD, Grief and Loss</li> <li>• Shame Recovery and Resilience</li> <li>• Pornography Addiction and Sexual Compulsions</li> </ul>  |
|    | <p><b>Anthony G. Hall, LPC, NCC</b><br/> <i>Life Story Counseling, LLC</i><br/>           Adr: 5185 W. Overland Road, Boise, ID 83705<br/>           Ph: 208-488-8541<br/>           Email: <a href="mailto:anthonyhall.lsc@gmail.com">anthonyhall.lsc@gmail.com</a><br/>           Website: <a href="http://LifeStoryIdaho.com">LifeStoryIdaho.com</a></p>   | <p><b>Specialties:</b></p> <ul style="list-style-type: none"> <li>• Stress, Depression, Anxiety, Trauma, Work and School Issues</li> <li>• Grief, Existential and Faith Crises, Spirituality</li> <li>• Couples and Family Issues, Relationships</li> <li>• Substance Abuse and Addiction</li> <li>• Self-Awareness/Life Story</li> </ul>   |
|   | <p><b>Kathleen Hamilton, MS, LPC, NCC</b><br/> <i>Hamilton Counseling &amp; Neurofeedback</i><br/>           Adr: Boise, Idaho 83709<br/>           Ph: 208-866-4688</p>  | <p><b>Specialties:</b></p> <ul style="list-style-type: none"> <li>• Neurofeedback</li> <li>• Therapy</li> </ul>   |
|  | <p><b>Michele Harris, MEd, LCPC</b><br/> <i>Words of Wisdom Counseling Center LLC</i><br/>           Adr: 14133 W. Rochester Dr. Boise, ID 83713<br/>           Ph: 208-602-6130<br/>           Email: <a href="mailto:michele@wowcounseling.com">michele@wowcounseling.com</a><br/>           Website: <a href="http://wowcounseling.com">wowcounseling.com</a></p>  | <p><b>Specialties:</b></p> <ul style="list-style-type: none"> <li>• Eating Disorders</li> <li>• Marriage, Couples, and Individual Counseling</li> <li>• Coping with Divorce, Infidelity and Remarriage</li> <li>• Anxiety and Mood Coping Skills</li> <li>• Certified Gottman Relationship Counselor - Lvl 1</li> </ul>   |
|  | <p><b>Shirley Henderson, MEd, LCPC, LMFT</b><br/> <i>Cherry Lane Counseling Center</i><br/>           Adr: 403 W. Cherry Lane, Meridian, ID 83642<br/>           Ph: 208-887-1911 x102<br/>           Email: <a href="mailto:cherriesh@earthlink.net">cherriesh@earthlink.net</a><br/>           Website: <a href="http://cherrylanecounseling.com">cherrylanecounseling.com</a></p>  | <p><b>Specialties:</b></p> <ul style="list-style-type: none"> <li>• Sexual Addiction</li> <li>• Adult Mental Health Counseling</li> <li>• Marriage Counseling</li> <li>• Trauma -- EMDR Therapist</li> </ul>  |

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|    | <p><b>John Hochhalter, LCPC, NCC</b><br/> <i>Treasure Wellness</i><br/>         Adr: 1655 W. Fairview Avenue, Suite 115<br/>         Boise, ID 83702<br/>         Ph: 208-949-0534<br/>         Email: <a href="mailto:johnhochhalter@gmail.com">johnhochhalter@gmail.com</a><br/>         Website: <a href="http://hochhaltercounseling.com">hochhaltercounseling.com</a></p>   | <p><b>Specialties:</b></p> <ul style="list-style-type: none"> <li>• Individuals and Couples Counseling</li> <li>• Depression, Anxiety, Fears, Stress</li> <li>• Parenting, Relationship/Sexual Issues</li> <li>• Divorce Support and Mediation</li> <li>• Obsessive-Compulsive Disorder (OCD)</li> <li>• Grief and Loss; Trauma</li> <li>• Post Traumatic Stress Disorder (PTSD)</li> <li>• Addictions and Substance Abuse</li> </ul> |
|    | <p><b>Benjamin P. Holland, MS, LPC</b><br/> <i>Resiliency Mental Health, an affiliate of...</i><br/> <i>Cherry Lane Counseling Center</i><br/>         Adr: 403 W. Cherry Lane, Meridian, ID 83642<br/>         Ph: 208-615-1052, or 208-887-1911 x112<br/>         Email: <a href="mailto:resiliencymh@gmail.com">resiliencymh@gmail.com</a><br/>         Website: <a href="http://ResiliencyMH.com">ResiliencyMH.com</a></p> | <p><b>Specialties:</b></p> <ul style="list-style-type: none"> <li>• Trauma</li> <li>• Crisis Intervention</li> <li>• Anger Management</li> <li>• Conflict Resolution</li> <li>• Sex/Pornography Addiction</li> <li>• Depression and Anxiety</li> <li>• Stress Management</li> <li>• Grief and Loss</li> <li>• Creating Healthy Boundaries</li> </ul>  |
|    | <p><b>Cami Hurst, Sex Therapist</b><br/> <i>Treasure Valley Counseling and Meditation</i><br/>         Ph: 208-718-2731<br/>         Email: <a href="mailto:cami@camihurst.com">cami@camihurst.com</a><br/>         Website: <a href="http://www.CamiHurst.com">www.CamiHurst.com</a></p>  | <p><b>Specialties:</b></p> <ul style="list-style-type: none"> <li>• Female Sexual Development</li> <li>• Premarital/Newlywed Counseling</li> <li>• Sexual Orientation &amp; Identity congruence (individuals &amp; families)</li> <li>• Affair Recovery</li> <li>• Post-Addiction Relationship Recovery</li> <li>• Faith Crisis</li> <li>• Mixed-faith Marriage</li> </ul>  |
|  | <p><b>Logan Katseanes, MS, LPC, NCC</b><br/> <i>Hamilton Counseling &amp; Neurofeedback</i><br/>         Adr: 4601 S. Mustang Creek Ln<br/>         Boise, Idaho 83709<br/>         Ph: 208-866-4688<br/>         Email: <a href="mailto:lpkats@gmail.com">lpkats@gmail.com</a></p>  | <p><b>Specialties:</b></p> <ul style="list-style-type: none"> <li>• Depression and Anxiety</li> <li>• Grief and Loss counseling</li> <li>• Couples Therapy</li> <li>• Neurofeedback Therapy</li> <li>• Sports Psychology</li> <li>• Career Counseling</li> </ul>  |
|  | <p><b>Rod Limb, M.Ed., LCPC, LMFT</b><br/> <i>Advanced Counseling</i><br/>         Adr: 2176 E. Franklin Rd., Suite 100<br/>         Meridian, ID 83642<br/>         Ph: 208-887-6283<br/>         Email: <a href="mailto:rodlimb@gmail.com">rodlimb@gmail.com</a><br/>         Website: <a href="http://RodLimb.com">RodLimb.com</a></p>  | <p><b>Specialties:</b></p> <ul style="list-style-type: none"> <li>• Grief, Loss, Trauma Recovery (PTSD)</li> <li>• Marriage Tune-ups and Make-Overs</li> <li>• Individual, couple or workplace relationship issues</li> <li>• Anxiety and Panic Relief</li> <li>• Hypnosis: Guilt and Intimacy Issues</li> <li>• Parenting, boundaries, loving discipline</li> <li>• Mind and Body connections for Health</li> </ul>                  |
|  | <p><b>Lesam McConnell, LCSW</b><br/> <i>Alta Addiction and Mental Health Services</i><br/>         Adr: 2404 W. Bank Dr. Suite 100<br/>         Boise, ID 83705<br/>         Ph: 208-608-6443<br/>         Email: <a href="mailto:lesamccannel@live.com">lesamccannel@live.com</a></p>   | <p><b>Specialties:</b></p> <ul style="list-style-type: none"> <li>• Grief</li> <li>• Addiction</li> <li>• Mental health</li> <li>• Life issues</li> </ul>   |


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|    | <p><b>Gail Peterson, MS, LPC, NCC</b><br/> <i>Live Laugh Love Counseling LLC</i><br/>         Adr: 3043 S. Meridian Road, Ste 125<br/>         Meridian, ID 83642<br/>         Ph: 208.884.0033 ext. 106<br/>         Email: <a href="mailto:gail@tvcounselingandmediation.com">gail@tvcounselingandmediation.com</a><br/>         Website: <a href="http://gpcounseling.wix.com/gpcounseling">gpcounseling.wix.com/gpcounseling</a></p>  | <p><b>Specialties:</b></p> <ul style="list-style-type: none"> <li>• Play Therapy</li> <li>• Family &amp; Couples Counseling</li> <li>• Individual Counseling</li> <li>• EMDR / Trauma</li> <li>• Filial Therapy</li> <li>• Communication Workshops</li> <li>• Anger Management</li> <li>• Mood and Anxiety Disorders</li> </ul>   |
|    | <p><b>Cameron Preece, PhD, LMFT</b><br/>         Adr: 3061 S. Meridian Rd, Ste 100,<br/>         Meridian, ID 83642<br/>         Ph: 208-620-5399, x2<br/>         Email: <a href="mailto:jcpreececmft@gmail.com">jcpreececmft@gmail.com</a></p>  | <p><b>Specialties:</b></p> <ul style="list-style-type: none"> <li>• Marriage, Family and Individual Therapy</li> <li>• Depression, anxiety, sexual abuse, chronic illness, bereavement</li> <li>• Parent/child problems, acting out teens,</li> <li>• Marital conflict, sexual addiction, infidelity, and improving intimacy and communication in couple relationships</li> </ul>   |
|   | <p><b>Roy Spaulding, MS, LMFT</b><br/> <i>Journey Mental Health - Nampa</i><br/>         4405 E. Flamingo Ave., Nampa, ID 83687<br/>         Ph: 208-899-4042<br/>         Email: <a href="mailto:royspauldinglmft@yahoo.com">royspauldinglmft@yahoo.com</a><br/>         Website: <a href="http://royspaulding.com">royspaulding.com</a><br/>         Website: <a href="http://journeymentalhealth.com">journeymentalhealth.com</a></p>  | <p><b>Specialties:</b></p> <ul style="list-style-type: none"> <li>• Marriage and Couples Therapy</li> <li>• Child-Centered Play Therapy</li> <li>• Trauma Reprocessing (EMDR)</li> <li>• Registered Marriage and Family Therapy Supervisor</li> </ul>   |
|  | <p><b>Michael Scovill, LCPC, NCC</b><br/> <i>Safe Harbor Mental Health</i><br/>         Adr: 1032 S. Bridgeway Pl, Ste 100,<br/>         Eagle, ID 83616<br/>         Ph: 208-985-8550<br/>         Email: <a href="mailto:michaelscovill1@gmail.com">michaelscovill1@gmail.com</a><br/>         Website: <a href="http://safeharborboise.com">safeharborboise.com</a></p>  | <p><b>Specialties:</b></p> <ul style="list-style-type: none"> <li>• Anxiety</li> <li>• Depression</li> <li>• Play Therapy</li> <li>• Men's Issues</li> <li>• LGBTQ</li> <li>• PTSD/Trauma; Grief/Loss</li> </ul>  |
|  | <p><b>Jana Stewart, Counselor Intern</b><br/> <i>Families, ETC</i><br/>         Adr: Northwest Nazarene University Campus<br/>         516 Holly Street, ESWC Bldg, 3<sup>rd</sup> floor<br/>         Nampa, ID 83653<br/>         Mailing Adr:<br/>         Families, ETC<br/>         PO Box 1033, Nampa, ID 83653<br/>         Ph: 208-467-8837<br/>         Email: <a href="mailto:janastewart@nnu.edu">janastewart@nnu.edu</a><br/>         Website: <a href="http://familiesetcnampa.com">familiesetcnampa.com</a></p> <p><i>Families ETC is a not-for-profit community counseling center that offers affordable counseling services.</i></p> | <p><b>Specialties:</b></p> <ul style="list-style-type: none"> <li>• Couples, individuals, and families</li> <li>• Infidelity, betrayal trauma, intimacy issues</li> <li>• Communication and Conflict Resolution</li> <li>• Pre-marital counseling</li> <li>• Pre-marital counseling for step-families</li> <li>• Family relationships</li> <li>• Step-Parenting, Blended Families</li> <li>• Divorce Recovery</li> <li>• Adults, teens, kids with anxiety</li> <li>• Hypnosis for anxiety, depression, confidence, self-esteem, performance anxiety, school anxiety, social anxiety</li> <li>• Panic Attacks</li> </ul> |





## LDS GROUPS/PROGRAMS

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| <br> | <p><b><i>Journey Mental Health, Inc.</i></b><br/> Cameron Cox, LMSW<br/> John Critchfield, LPC<br/> Adr: 3288 E. Pine Ave, Meridian, ID 83642<br/> Ph: 208-888-8886<br/> Website: <a href="http://journeymentalhealth.com">journeymentalhealth.com</a></p>   | <p><b>Specialties:</b></p> <ul style="list-style-type: none"> <li>• Addiction Recovery</li> <li>• Marriage and Family Therapy</li> <li>• Mood Disorders</li> <li>• Play Therapy</li> <li>• EMDR Trained</li> </ul>   |
|   | <p><b><i>LDS Family Services -- Boise Offices</i></b><br/> Adr: 10740 W. Fairview Ave #100,<br/> Boise, ID 83713<br/> Ph: 208-376-0191</p>   | <p><b>Therapists:</b></p> <ul style="list-style-type: none"> <li>• Cary Shelton, LCSW</li> <li>• Jon Pingree, LCSW</li> <li>• Travis Turley, LCSW</li> <li>• Makayla Burkman, LPC</li> <li>• Melanie Smith, LPC</li> <li>• Michelle Armstrong, LPC</li> <li>• Erin Garner, LSW</li> </ul>  |
|   | <p><b><i>LifeStar Boise Idaho, LLC</i></b><br/> (Serving the Treasure Valley and beyond)<br/> <i>Cherry Lane Counseling Center</i><br/> Clinical Director: Debra W. Greeff, LCSW<br/> Adr: 403 W. Cherry Lane, Meridian, ID 83642<br/> Ph: 208-887-1911 x107<br/> Email: <a href="mailto:lifestaridaho@gmail.com">lifestaridaho@gmail.com</a><br/> Website: <a href="http://LifeStaridaho.org">LifeStaridaho.org</a></p> | <p><b>Details:</b></p> <ul style="list-style-type: none"> <li>• LifeStar Sex/Pornography Addiction Recovery for Addicts and Partners</li> <li>• PHASE I - There is Hope - Educational Phase</li> <li>• PHASE II - Group Therapy - Addicts Learn Skills to Achieve Sobriety; Partners Heal Trauma from Sexual Betrayal</li> <li>• PHASE III - Group Therapy - Build Lasting Recovery and Strengthen the Relationship</li> </ul> |
|   | <p><b><i>Brick House Recovery</i></b><br/> Jason Coombs, MPC - CEO/Founder<br/> Adr: 1125 E. Pine Ave, Meridian ID 83642<br/> Ph: 208-286-4274<br/> Email: <a href="mailto:jason@brickhouserecovery.com">jason@brickhouserecovery.com</a><br/> Website: <a href="http://www.brickhouserecovery.com">www.brickhouserecovery.com</a></p>   | <p><b>Details:</b></p> <ul style="list-style-type: none"> <li>• Specialize in faith-based Addiction Treatment for Chemical Dependency</li> <li>• Adult</li> <li>• Intensive Outpatient</li> <li>• Sober Living</li> <li>• Lifetime Contract</li> <li>• Private</li> </ul>  |

## OTHER LDS HELPING PROFESSIONALS

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|  | <p><b>Scott P. Hoopes, MD -- LDS Psychiatrist</b><br/> <i>Scott P. Hoopes MD &amp; Associates</i><br/> Adr: 2273 E. Gala Suite 100, Meridian, ID 83642<br/> Ph: 208-898-8999<br/> Website: <a href="http://scotthoopesmd.com">scotthoopesmd.com</a></p> | <p><b>Specialties:</b></p> <ul style="list-style-type: none"> <li>• Psychiatry -- We treat adults, adolescents and children utilizing the most current diagnostic and medication data in order to provide the most effective and simplest medication regimens possible.</li> </ul> |
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|    | <p><b>Satu H. Woodland, CNS, PMHCNS-BC</b><br/> <i>Counseling and Medication Management -<br/> Advanced Practice Registered Nurse</i><br/> Adr: 3152 S. Bown Way, Ste 102, Boise, ID<br/> 83706<br/> Ph: 208-371-8040<br/> Email: <a href="mailto:satu214@gmail.com">satu214@gmail.com</a><br/> Website: <a href="http://boisementalhealth.com">boisementalhealth.com</a></p> | <p><b>Specialties:</b></p> <ul style="list-style-type: none"> <li>• Depression, Bipolar Disorder</li> <li>• Anxiety Disorders: Panic, Obsessive Compulsive Disorder (OCD)</li> <li>• Post-Traumatic Stress Disorder (PTSD); Grief work</li> <li>• Traumatic Brain Injury issues</li> <li>• Attention Deficit Disorder (ADHD)</li> <li>• Schizophrenia/Psychosis; Personality disorders</li> <li>• Medication prescribing and management</li> <li>• Psychiatric evaluations</li> <li>• Eating Disorders; Insomnia</li> <li>• Addictions/Substance Abuse</li> <li>• Co-dependency issues</li> <li>• Family dysfunction</li> <li>• Marriage and family counseling</li> </ul>  |
|   | <p><b>Natalie Greaves, JD -- LDS Attorney</b><br/> <i>Greaves Legal, PLLC</i><br/> Adr: 2176 E. Franklin Road, Suite 130<br/> Meridian, ID 83642<br/> Ph: 208-600-5939<br/> Email: <a href="mailto:natalie@greaveslegal.com">natalie@greaveslegal.com</a><br/> Website: <a href="http://greaveslegal.com">greaveslegal.com</a></p>  | <p><b>Specialties:</b></p> <ul style="list-style-type: none"> <li>• Mediation Services</li> <li>• Disability Law</li> <li>• Family Law</li> </ul>  |
| <p><b><u>LEGEND -- Credentials</u></b></p> <ul style="list-style-type: none"> <li>• <b>LPC = Licensed Professional Counselor</b> (A professional designation used to indicate a counselor with a Master's degree (or higher) in professional counseling or a related field, and has passed a licensure exam.)</li> <li>• <b>LCPC = Licensed Clinical Professional Counselor</b> (Used in a few states to differentiate a more extensive educational or professional experience level than that of LPCs.)</li> <li>• <b>LMFT = Licensed Marriage and Family Therapists</b> (Training for an LMFT is different than the training of a Psychiatrist, Psychologist, Social Worker, or other types of counselors. LMFTs are focused on relational systems, i.e. couples/families even when dealing w/individual issues.)</li> </ul> |   | <ul style="list-style-type: none"> <li>• <b>LCSW = Licensed Clinical Social Worker</b></li> <li>• <b>CFLE = Certified Family Life Educator</b></li> <li>• <b>CST = Certified Sex Therapist</b></li> <li>• <b>NCC = National Certified Counselor</b></li> <li>• <b>CPM = Certified Professional Mediator</b></li> <li>• <b>CNS = Clinical Nurse Specialist</b>, Board Certified Adv Practice Nurse, Counselor, Therapist w/Prescriptive Authority for Medication Mgmt &amp; Autonomous Practice in ID</li> <li>• <b>PMHNP = Psychiatric Mental Health Nurse Practitioner</b>, Board Certified Adv Practice Nurse, Counselor, Therapist w/Prescriptive Authority for Medication Mgmt &amp; Autonomous Practice in Idaho</li> </ul> |

**See next page for Finding Additional Therapists**

## Finding Additional Therapists

Below are a few additional ways you may be able to find a suitable therapist referral.

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### **PsychologyToday.com**

*Index of therapists registered on Psychology Today. This is where most therapists are listed.*

**Step 1.** Open a web browser and go to the [PsychologyToday.com](https://www.psychologytoday.com) website (or click on the link provided here)

**Step 2.** At the top of the page in the box next to “Find a Therapist” enter the City or Zip of your preferred location and click on the blue button with the white magnifying glass next to the search box.

**Step 3.** It will bring you to a list of therapists based on the location you provided. You can then continue to filter by selecting your preferences (issues, faith, treatment orientation, whether they do online therapy, etc.) on the menu bar located vertically on the left of the page

**Note:** The list will not only show therapists in the city/zip you provided but also in the surrounding area. (You can increase or decrease the surrounding distance by clicking on the “+” or “-” at the top of the page next to the city/zip you entered.

### **SHOULD YOU BE ON THIS LIST?!**

If you or someone you know should be considered for **Laura’s LDS Counselor Referral List**, please email that information to: [asst@strengtheningmarriage.com](mailto:asst@strengtheningmarriage.com) and let us know why you think you/they would be a good fit. We hope to get people help for their intimacy issues as quickly as possible! :) Thank you!!

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### **AMCAP** (Association of Mormon Counselors and Psychotherapists)

*Index of LDS therapists registered on AMCAP*

**Step 1.** Open a web browser and go to the [LDSAMCAP.com](https://www.ldsamcap.com) website (or click on the link provided here).

**Step 2.** At the top of the page in the black menu bar, click on “Find a Counselor”

**Step 3.** In the “LDS Counselors Directory” box, enter your preferred specialty, Locale/Address and/or Name/Practice, then click the search button. **Note:** If you do not find therapists based on your preferences, it may be helpful to start more general (i.e. a city/state versus a specific address), then narrow it down.

You will then be provided with therapists based on your preferences. It will also include additional therapists in the surrounding area, listing in order of closest proximity then further away in distance.

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### **ISW/ABCST** (Institute for Sexual Wholeness/American Board of Christian Sex Therapists)

*Note: ISW is where Laura received most of her advanced sex therapy training. The individuals on this site will be similarly trained.*

**Step 1.** Open a web browser and go to the [abcst.sexualwholeness.com/isw-faculty/](https://www.abcst.sexualwholeness.com/isw-faculty/) website (or click on the link provided here).

**Step 2.** Scroll down a little to where it says “DISCLAIMER OF LEGAL RIGHTS AND LIMITATION OF LIABILITY” in a box, and click on it.

**Step 3.** Read through the disclaimer then click “I understand and agree with the above. Please take me to a list of therapists.”

**Step 4.** Choose your preferred state. A list of therapists in the selected state will be provided and you can click on a therapist’s website to learn more.