

# SUICIDE

## Decision Tree

**Establish Rapport**  
Ask about suicidal ideation  
Explain importance of accessing help

**Assess for Degree of Risk**  
How specific is the plan?  
Is there a method available to individual?  
Is proposed method lethal?

*HIGH*

*MODERATE*

*LOW*

**Suicidal Act**  
Plans suicide in next 24 hours?

**Suicidal Threat**  
No plan to ACT within the next 24 hrs.  
Need protective intervention?

**Suicidal Risk**  
No plan to attempt within 24 hours  
Immediate danger?

*YES*

*NO*

*YES*

*NO*

*NO*

**Assess Emergency**  
Establish What, When, Where: What has already been done?

**Reduce Imminent Danger/Assess Lethality**

- Method
- Means
- History
- Isolation versus Significant Other
- Age/Sex

**Identify Suicide Risk**

- History
- Health
- Depression

**Call 911 or Arrange Transportation**  
Hospitalization required if high lethality remains

**Explore Alternatives**

- Written Life Contract with client?
- Support person to stay with client?
- 72-hour hold?

**Explore Alternatives**

- Verbal/written contract
- Contact Support Person(s)
- Determine Involvement
- 24 hour supervision

**Document in file & Notify Supervisor**

**Provide Referral To Community Resources**  
Mountain Crest – 4601 Corbett Drive: 207-4800  
Poudre Valley Hospital – 1024 S. Lemay: 495-7000  
Roadhouse Crisis & Information Hotline – CSU  
Lory Student Center: 491-5744  
Larimer Center for Mental Health – 524 W. Oak St.: 24 Hour Hotline – 221-2114  
SOS Suicide Resource Center – 315 E. 7<sup>th</sup>, Loveland: 635-9301 (No fee)  
Island Grove Treatment Center – Greeley: 351-6678

**Individual Therapy Treatment Plan**

**Follow up Calls**  
Determine After Care

**Document in file & notify Supervisor**