

# IDAHO ASSOCIATION FOR MARRIAGE AND FAMILY COUNSELORS – DIVISION MEETING

Saturday, January 28th, 2017 -- 8 - 9 a.m.

Riverside Hotel — 2900 W Chinden Blvd, Boise, ID 83714



DISTINGUISHED GUEST  
PRESENTER

**Laura M. Brotherson,**  
LMFT, CST, CFLE

## “Fuel for Female Desire and Arousal: Clinical Applications for Addressing Female Desire and Arousal Difficulties”

Given the complex nature of female sexuality, sexual desire and associated arousal difficulties have been found to be the leading sexual complaint among women (Basson, 2006). Easy-to-apply therapeutic approaches will be discussed to assist women/couples with both desire issues and common arousal-inhibiting challenges. Helping couples pay greater attention to the contextual factors of sexual desire and arousal will help them be able to identify and address the specific areas needing attention, in order to achieve greater emotional connection and sexual satisfaction.

### **Laura M. Brotherson, LMFT, CST, CFLE**

*Licensed Marriage and Family Therapist (LMFT) and Certified Sex Therapist (CST), Laura M. Brotherson, is the author of the best-selling book, *And They Were Not Ashamed: Strengthening Marriage through Sexual Fulfillment*, and her latest book *Knowing HER Intimately: 12 Keys for Creating a Sextraordinary Marriage*. She counsels with individuals, couples and families in private practice in the Boise, Idaho area, and is the host of "The Marital Intimacy Show" podcast. As a Certified Family Life Educator (CFLE), Laura is actively engaged in providing marriage education through Couples Cruises, articles, radio and television broadcasts, and presenting at conferences and workshops. Laura is passionate about helping couples navigate the intricacies of intimacy to help build stronger marriages and families. She and her husband, Kevin, of 25 years are the founders of *StrengtheningMarriage.com*—your trusted resource for education, products and services to strengthen marriages ... intimately!*



THIS PRESENTATION WILL BE IN CONJUNCTION WITH THE ANNUAL ICA CONFERENCE AND A PREVIEW OF THE SPRING IDAMFC DIVISION CONFERENCE ALSO WITH PRESENTER LAURA M. BROTHERSON.