

The Making of a Sex Addict

Sexual Behavior

- Fantasy 18%
- Voyeurism 18%
- Exhibitionism 15%
- Seductive Role Sex 21%
- Intrusive Sex 17%
- Anonymous Sex 18%
- Trading Sex 12%
- Paying for Sex 15%
- Pain Exchange 16%
- Exploitive Sex 13%

Other Addictions

- Chemical Dependency 42%
- Eating Disorders 38%
- Compulsive Working 28%
- Compulsive Spending 26%
- Compulsive Gambling 5%

Addiction Interaction

- Cross Tolerance 61%
- Withdrawal Mediation 56%
- Replacement 43%
- Alternating Addiction Cycles 41%
- Masking 45%
- Ritualizing 41%
- Intensification 61%
- Numbing 54%
- Disinhibiting 42%
- Combining 46%

Family

- Addicts in Family 87%
- Rigid Family System 77%
- Disengaged Family System 87%
- Rigid and Disengaged Family Systems 68%

Sexual Addiction

- Compulsive Behavior 94%
- Loss of Control 93%
- Efforts to Stop 88%
- Loss of Time 94%
- Preoccupation 77%
- Inability to Fulfill Obligations 87%
- Continuation Despite Consequences 85%
- Escalation 74%
- Social, Occupational, Recreational Losses 87%
- Withdrawal 98%

Abuse/Early Trauma

- Emotional 97%
- Sexual 81%
- Physical 72%

8 Trauma Factors

- Reaction 64%
- Pleasure 64%
- Blocking 69%
- Splitting 76%
- Abstinence 45%
- Shame 72%
- Repetition 69%
- Bonding 69%

**Catalytic Environment
Catalytic Stress**